

MEMBERSHIP FORM

CONTACT INFORMATION...

Mr. Mrs. Ms.

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____

Referred by: _____

I AM A...

- Parent of Adult Other
 Friend Sibling
 Consumer Child of Mentally Ill Parent
 Spouse Parent of Child under 21
 Mental Health Professional

MEMBERSHIP DUES...

- New Membership Renewal
 Basic (\$45)
 Patron (\$100)
 Lifetime (\$1000)
 Open Door for those w/ Limited Income (\$3)

Additional Contribution \$ _____

TOTAL \$ _____

PAYMENT METHOD...

Check (# _____) MasterCard Visa

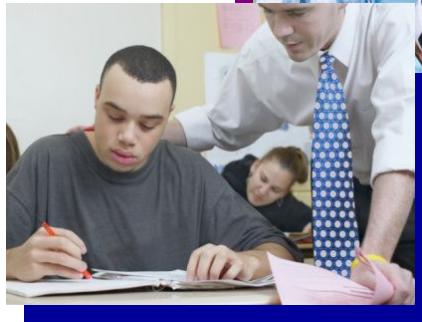
Acct# _____

Ex Date _____

Dues and Donations are tax deductible!

SEND THIS FORM & PAYMENT TO:

**NAMI Montgomery County
10730 Connecticut Ave
Kensington, MD 20895**



COMMENTS FROM PARTICIPANTS

"Each speaker offered a powerful view and insight into mental illness and our call as professionals to better understand, recognize, and advocate for individuals and families..."

"This has been one of the most informative, practical and inspiring presentations I have heard of late. Thank you for sharing your life journey."

"This the most valuable in-service program I have attended in 20 years. It was valuable professionally and personally."

THE NAMI THRIFT SHOP

NAMI Montgomery County carries out its important mission with the support of a successful thrift shop.

The shop accepts donations of clothing, collectibles, accessories, furniture and household furnishings in good condition.

Hours of Operation and Donations...

- Mon, Wed, Thu, Sat: 10 AM to 4:30 PM
- Tue, Fri: 10 AM to 7:30 PM
- Sun: Closed

Donations accepted Wed through Sat from 10 AM to 4:00 PM.

SUPPORT OUR THRIFT SHOP

IT SUPPORTS US!

CONTACT US

NAMI MONTGOMERY COUNTY & NAMI THRIFT SHOP

**10730 Connecticut Avenue
Kensington, MD 20895**

Office Phone. 301-949-5852

Fax:..... 301-949-5853

Store Phone.. 301-949-5731

Web..... www.namimc.org

NAMI Montgomery County is the local affiliate of the National Alliance on Mental Illness and NAMI Maryland.



THE COUNTY'S VOICE ON MENTAL ILLNESS



*Parents and
Teachers as Allies*

**IN-SERVICE MENTAL
HEALTH EDUCATION FOR
SCHOOL PROFESSIONALS**

**301-949-5852
www.namimc.org**

THE PROGRAM

What is Allies?

- Parents and Teachers as Allies (“Allies”) is a two-hour in-service program that helps school professionals better understand the early warning signs of mental illnesses in children and adolescents.
- Family members and consumers share the lived experience of mental illness and how schools can best communicate with families about mental health issues.
- Presenters also provide information on how to link youth and their families who have mental health needs to services in the community.

Why was the Program Developed?

- This program responds to the recommendations included in Goal 4 of President Bush’s New Freedom Commission report on mental health that calls for schools to play a larger role in the early identification of mental health treatment needs in children and link them to appropriate services.
- The program is based on NAMI’s *Parents and Teachers as Allies* publication, which is provided to every participant in an Allies presentation.



Who is the Allies Program For?

- The Allies program is designed for teachers, administrators, school counselors, school psychologists, school nurses and others in the school community.
- The program is designed to target schools in urban, suburban, rural, and culturally diverse communities.



Is the Allies Program Effective?

NAMI is participating in a national evaluation of the Parents and Teachers as Allies program that will measure the program’s success and help ensure continuous quality and program improvement.

Need More Information?

Contact NAMI MC’s Child and Adolescent Program Coordinator at 301-949-5852.

Information is also available on the NAMI Montgomery County website at www.namimc.org and on the NAMI National website at www.nami.org.

COMPONENTS OF THE ALLIES PROGRAM:

WELCOME AND INTRODUCTIONS

An education professional (and family member) welcomes participants, introduces the topics to be covered and shares a personal story about her family’s experience with a child’s mental illness.

EARLY WARNING SIGNS OF MENTAL ILLNESSES

A facilitator (and family member) walks the school professionals through the early warning signs of mental illnesses, closely following the Allies publication’s description of the major disorders, and also recounts a personal story.

FAMILY RESPONSE

A parent or caregiver of a child with mental illness uses a personal story to review the predictable stages of emotional reactions

among family members dealing with the challenges of raising a child with mental illness.

LIVING WITH MENTAL ILLNESS

A mental health consumer that experienced the early onset of mental illness gives a view from the inside, including a discussion about the positive and negative impact that her school experience had on her life.

GROUP DISCUSSION

The facilitator leads the group discussion.

CLOSING REMARKS AND EVALUATION

The presenters make sure that the audience is aware of community resources available to children and family members who need treatment or support and how to get in touch with their local NAMI affiliate.

NAMI’S SERVICES ARE FREE OF CHARGE, CALL US TODAY!

NAMI MONTGOMERY COUNTY

NAMI is a non-profit education, support and advocacy organization comprised of consumers of mental health services, their families and friends, mental health professionals and interested members of our community.

We envision all persons living with serious, persistent mental illness—and their families—being treated with compassion, fairness and understanding as valued members of our community.

OUR MISSION

- Provide education and support for people with serious and persistent mental illnesses, their families and caregivers;
- Advocate for adequate health insurance, treatment, housing, rehabilitation and jobs;
- Combat the stigma of mental illness through community outreach and education.

NAMI MC MEMBERSHIP

Become a part of a grassroots organization with over 220,000 national members and over 800 members in Montgomery County. NAMI Montgomery County is a 501(c)3 organization and your membership fee is tax deductible!

Benefits include:

- Concurrent NAMI membership at local, state and national levels
- Our informative monthly newsletter
- Bi-Monthly Email containing up-to-date event information
- Access to the NAMI Library filled with books, videos and other resources
- Discounts on NAMI events including the Heroes Dinner and Silent Auction

JOIN NAMI MC TODAY!

**You can join or renew
online at www.namimc.org**

ADVOCATE • EDUCATE • SUPPORT • EDUCATE • ADVOCATE • SUPPORT